

# NEWPORT\* Spring 2019 Afterschool Specials Offerings

100 River Drive S, Jersey City

Weeks of April 8 - May 27 (Scheduled school closures have been excluded from pricing. Number of sessions vary by day of the week)

\*NEWPORT specials open to both Newport and Hoboken students.

MONDAY - 7 weeks (no class 5/27)

## AFTERSCHOOL SPECIALS

### Yoga and Mindfulness (Kindergarten-2nd Grade) \$210

**Monday 3:30-4:30pm (Hudsonseed)** Classes give your child the opportunity to learn challenging and creative yoga poses, while maintaining a playful, fun class experience. Through games, props and songs classes encourage kids to build self-confidence, physical strength and concentration. Partner poses, forwards bends, backbends, standing poses, twists, and basic inversions are explored with a light introduction to alignment. Children are encouraged to freely express their individuality while learning some basic yoga principles and having a blast.

### Cooking (Kindergarten-2nd Grade) \$210

**Monday 3:30-4:30pm (Bambino Chef)** Chefs will learn many different ingredients and techniques to make delicious treats. They will make dishes from scratch from many different recipes while they learn about healthy eating habits.

### Beginner Chess (Kindergarten-2nd Grade) \$150

**Monday 3:30-4:30pm (Greg Rasmuson)** This class is geared towards younger students or those who are learning chess for the first time. Chess rewards patience, attention to detail and strategic thinking. Students will learn the moves of the pieces, the rules of the game and the basics of tactics and positional play.

### Tennis (1st-2nd Grade) \$150 \*ONLY 6 CLASSES (no class 4/8 and 5/27)\*

**Monday 3:15-4:15pm (Michael Sudberg)** This class emphasizes a systematic, modern and fun game-based approach to tennis instruction. While improving hand-eye coordination, agility and racket-handling skills, students learn to execute strokes and sustain a rally using forehands, backhands, and volleys.

### Chess (2nd-6th Grade) \$150

**Monday 4:30-5:30pm (Greg Rasmuson)** This class is for students who have dabbled in chess before and continuing from previous trimester(s). Children will discover that the techniques used to analyze chess situations can also be used to grapple with puzzling questions in school and real life. Chess fosters critical, creative and original thinking in children and teaches patience, persistence and concentration, improves logic and reasoning skills.

### Advanced Robotics (3rd-8th Grade) \$175

**Monday 3:30-4:30pm (Jacqy Chung)** Practice programming while making Dash and Dot sing, dance, move, and react to the environment around them! Using the Learn to Code Curriculum developed by Wonder Workshop, students will practice computational thinking and 21st century skills with Dash and Dot.

## ATHLETICS PROGRAM

### Intramural Volleyball (5th-8th Grade) \$200

**Monday 5:00-6:00pm in Newport Gym OR Tuesday 5:00-6:00pm in Garden St. Gym (Krystal Polyi and Andrea Butchko)** Students will participate in a one-hour session, which will include a short period of instruction to begin followed by a game.

- Families are responsible for arranging transportation to and from Newport and Hoboken and students may be dropped off in aftercare beforehand.
- Students traveling on their own must arrive by 5:00 p.m.
- Students will also be required to arrive in proper athletic attire, shorts or athletic pants and sneakers with their own water bottle.
- Once the season starts and team rosters are finalized, each student will receive their own team shirt to be worn for each Monday's game.

#### *Pickup Information:*

Once the session is over, parents or guardians may pick up directly from practice at 6:00. Only middle school students who have consent to self dismiss will be allowed to leave directly from Newport or Garden.

## **TUESDAY - 8 weeks**

## AFTERSCHOOL SPECIALS

### Tumbling (K) \$240

**Monday 3:00-4:00pm (Travelin' Tumblers!)** Class begins with a musical warm-up that focuses on stretching and building excitement. Students are then guided through a dynamic circuit of tumbling equipment and props where they will build space relations, motor skills and physical fitness.

### Gymnastics (1st-2nd Grade) \$240

**Monday 4:00-5:00pm (Travelin' Tumblers!)** Class will begin with a musical warm-up that focuses on stretching. Students will then be guided through a dynamic circuit of equipment and learn basic routines and floor work.

### Performing Arts Drama (3rd-6th Grade) \$400 \*Two Hour Class\*

**Tuesday 3:00-5:00pm (American Youth Theater)** This program is designed for youth/children with no experience, but easily incorporates and showcases students with previous training and skills. As with anything, fundamentals are the key; skill, growth and polish comes with time and experience. Age appropriate materials, toe-tapping original music, a grounding in the classics, and great scripts help young students develop their passion for performance and communication.

## MUSIC SPECIALS

### Beginner Guitar II (2nd-8th Grade) \$200

**Tuesday 3:00-4:00pm (Rafael Rosa)** "My group guitar class enables prospective students to learn the guitar, its parts, and basic elements. In my class, students learn to respect music, better channel the ears through ear training games, and to see that at the end of the day, it's not that hard. If you work hard and go for it; you can have fun with music, for life!" - Rafael Rosa, under the direction of Holly Hampton

- Small group lessons for 3rd-8th Grade students.
- Students must bring their own guitar.
- For students first learning to play Guitar.

### Intermediate Guitar II (2nd-8th Grade) \$200

**Tuesday 4:00-5:00pm (Rafael Rosa)** "My group guitar class enables prospective students to learn the guitar, its parts, and basic elements. In my class, students learn to respect music, better channel the ears through ear training games, and to see that at the end of the day, it's not that hard. If you work

hard and go for it; you can have fun with music, for life!” - Rafael Rosa, under the direction of Holly Hampton

- Small group lessons for 3rd-8th Grade students.
- Students must bring their own guitar.
- **ONLY for students who have taken Beginner Guitar previously**

## ATHLETICS PROGRAM

### **\*NEW\* Intramural Basketball (3rd Grade ONLY) \$200**

**Practices Tuesday 5:00-6:00pm in Newport Gym AND Games Wednesday 5:00-6:00 or 6:00-7:00 in the Newport Gym (Michael Castellucio and Krystal Polyi)** Students will participate in a one-hour practice session on Tuesdays which will include drills focus on fundamental skill development within the game, including dribbling, shooting, passing, and proper defensive technique. The program will also include at least 1 game each Wednesday to be played against other Stevens 3<sup>rd</sup> Grade teams on a rotational basis.

- Hoboken families are responsible for arranging transportation to and from Newport and may be drop off their children in Newport aftercare beforehand.
- Students may stay in afterschool until the start of their practice and will be walked down to their respective practice location.
- Students will also be required to arrive in proper athletic attire, shorts or athletic pants and sneakers with their own water bottle.

#### *Pickup Information:*

We ask that you wait outside the gym during practice in order to allow the players to stay focused on the activity at hand for the entire length of practice. Once practice is over, parents may pick their child up directly from practice. Parents are welcome to attend games on Wednesdays as the Newport gym will be set up to accommodate spectators for each intramural game.

## WEDNESDAY - 8 weeks

## AFTERSCHOOL SPECIALS

### **LEGO Beginner Engineering (Kindergarten) \$240**

**Wednesday 3:30-4:30pm (Bricks4Kidz)** Lego Engineering and Construction classes explore architecture, engineering and technology. Students build a new project each week using LEGO® bricks and elements. The class provides a fun, hands-on learning and building experience focused on STEM concepts. The goal of this pre-engineering course is to provide a learning experience for children that encourages critical thinking, creativity, organizational skills, problem-solving, and teamwork.

### **Instructional Soccer (1st-2nd Grade) \$175 \*ONLY 7 CLASSES (no class 4/10)\***

**Wednesday 3:00-4:00 pm (Michael Sudberg)** Students build their soccer skills and enjoyment of the game through participation in a variety of individual and partner activities as well as game experience. The rules and structure of the game will be taught through team building activities.

### **LEGO Intermediate Engineering (1st-2nd Grade) \$240**

**Wednesday 4:30-5:30pm (Bricks4Kidz)** Lego Engineering and Construction classes explore architecture, engineering and technology. Students build a new project each week using LEGO® bricks and elements. The class provides a fun, hands-on learning and building experience focused on STEM concepts. The goal of this intermediate engineering course is to provide a continued learning experience for 1st and 2nd Grade children that encourages critical thinking, creativity, organizational skills, problem-solving, and teamwork.

### **\*NEW\*** German Language Introduction (2nd-5th) \$280

**Wednesday 3:30-4:30pm (Nicolas Jacobi)** Students are introduced to the pronunciation and spelling of the German language and the differences to English. After this program, the participating children can read and pronounce short German texts and will be able to keep learning the language on their own using tools like Duolingo. Activities will include reading, singing, German games, as well as logic exercises. The fee includes all the learning material.

### Advanced GarageBand (2nd-6th Grade) \$200

**Wednesday 3:30-4:30pm (Greg Rasmusson)** Advanced GarageBand is for students that want to learn about recording techniques some of popular artists, the role of a music producer, engineer and musician play in collaboration with each other. Students will record their voice, guitar, bass, drums, piano, and more through the use of Garageband in order to record, mix and master their very own song. No previous experience required however, some of the work will be building on concepts introduced in Young Music Producers from Fall 2018.

### Speech and Debate (5th-8th Grade) \$240

**Wednesday 3:30-4:30pm (Dedimus Potestatem)** Students will explore the art of Rhetoric and Public Speaking through a number of games and project-based learning activities. Students will learn about the three pillars of rhetoric and how to apply them so that they may become confident persuasive speakers. This class will include: debate, impromptu speeches, informative speeches, persuasive speeches, critical thinking and fallacies in reasoning, improvisation, creative writing, speaker-audience commonality (identification), cold calls, counter arguments and more.

## ATHLETICS PROGRAM

### Competitive Track (3rd-8th Grade) \$200

**Practices Wednesdays 3:15-4:15pm AND Meets Weekends 10:00am-12:00pm (Andrea Butchko and Shanecka Frazier)** Students will participate in a one-hour practice session one day a week focusing on proper stretching and race technique. Meets will take place on weekends in age appropriate divisions against students from surrounding schools in the area.

- Students who stay in afterschool until the start of practice will be walked over to Newport Green.
- Students will also be required to arrive in proper athletic attire, shorts or athletic pants and sneakers with their own water bottle.

#### *Pickup Information:*

Once practice is over, parents may pick their child up directly from practice. Only Middle School students who have parental consent to self dismiss will be allowed to leave directly from Newport Green. All other students will be walked back to the Newport building. All meets take place on the blue track in Lincoln Park Jersey City, located by the entrance nearest the corner of Duncan Ave. and Rte. 440. Meet schedule times and info will follow after Spring Break.

## THURSDAY - 8 weeks

## AFTERSCHOOL SPECIALS

### Hand Sewing and Fiber Arts (Kindergarten) \$240

**Thursday 3:30-4:30pm (MAvery Designs)** Students are introduced to hand sewing, weaving and fiber art crafts using embroidery thread, yarn, fabric and other related items. There will even be some limited highly supervised machine sewing to get kids ready for our 1st grade sewing class. Projects will include toys, accessories, wearable items, wall hangings, and more.

### **Fashion Lab (1st-2nd Grade) \$240**

**Thursday 4:30-5:30pm (MAvery Designs)** Students are taught basic sewing and design skills to create popular projects for each age group. Projects include fashion accessories/bags, clothing, stuffed animals, toys and home decor items. Students work on projects using a sewing machine as well as hand sewing using a needle and thread. Experienced stitchers will be challenged with new skills and projects.

### **Instructional Basketball (1st-2nd Grade) \$175 \*ONLY 6 CLASSES (no class 4/11 and 5/2)\***

**Thursday 4:00-5:00pm (Michael Sudberg)** Students will improve individual skills as well as team working skills in this developmental class. Players will be taken through various exercises, drills and games to improve their basketball skills. This clinic will help prepare 1st and 2nd graders for their 3rd grade basketball experience.

### **Speech and Debate (1st-2nd Grade) \$240**

**Thursday 3:00-4:00pm (Dedimus Potestatem)** Students will explore the art of Rhetoric and Public Speaking through a number of games and project based learning activities. Students will learn about the three pillars of rhetoric and how to apply them so that they may become confident persuasive speakers. This class will include: debate, impromptu speeches, informative speeches, persuasive speeches, critical thinking and fallacies in reasoning, improvisation, creative writing, speaker-audience commonality (identification), cold calls, counter arguments and more.

### **Instructional Basketball (3rd-4th Grade) \$175 \*ONLY 6 CLASSES (no class 4/11 and 5/2)\***

**Thursday 3:00-4:00pm (Michael Sudberg)** Students will improve their skills and build their love of the game through various drills designed to challenge and develop their passing, dribbling and shooting. Class will also emphasize team building and good sportsmanship. Open to new and returning 3rd/4th grade players.

### **Speech and Debate (3rd-4th Grade) \$240**

**Thursday 4:00-5:00pm (Dedimus Potestatem)** Students will explore the art of Rhetoric and Public Speaking through a number of games and project-based learning activities. Students will learn about the three pillars of rhetoric and how to apply them so that they may become confident persuasive speakers. This class will include: debate, impromptu speeches, informative speeches, persuasive speeches, critical thinking and fallacies in reasoning, improvisation, creative writing, speaker-audience commonality (identification), cold calls, counter arguments and more.

**FRIDAY - 6 weeks (no classes 4/19 and 5/25)**

### **AFTERSCHOOL SPECIALS**

#### **Dance! (K-2nd Grade) \$180**

**Friday 3:30-4:30pm (Celebrate Dance Studios)** In this Zumba inspired class, students will “Dance Around the World” in rocking, high energy dance parties filled with kid-friendly routines and activities. The class instills fitness as a natural part of children’s lives while incorporating key childhood development elements such as leadership, respect, teamwork, self-esteem, memory, creativity, coordination, balance and cultural awareness.

#### **Sportsmania (1st-2nd Grade) \$100 \*ONLY 4 CLASSES (no class 4/12, 4/19, 5/3 and 5/25)\***

**Friday 3:15-4:15pm (Michael Sudberg)** Learn and develop skills in a variety of sports! Sportsmania allows students to improve their coordination while having fun and interacting with their peers. The class will choose which indoor/outdoor sports they would like to play each week.

### **\*NEW\* Fairy Tale Trials (1st-2nd) \$180**

**Friday 3:00-4:00pm (Dedimus Potestatem)** Students will dive into the legal proceedings of famous fairy tales like Little Red Riding Hood v. The Big Bad Wolf and Snow White v. the Wicked Witch. The goal is to help participants acquire a working knowledge of our judicial system, develop analytical abilities and communication skills, display leadership in a court of law, and gain an understanding of their obligations and responsibilities as participating members of our society. Materials for this course are provided by The American Bar Association and The Constitutional Rights Foundation.

### **\*NEW\* Mock Trial (3rd-4th) \$180**

**Friday 4:00-5:00pm (Dedimus Potestatem)** Mock trial is a hands-on simulation of the American judicial system. The goal is to help participants acquire a working knowledge of our judicial system, develop analytical abilities and communication skills, display leadership in a court of law, and gain an understanding of their obligations and responsibilities as participating members of our society. Materials for this course are provided by The American Bar Association and The Constitutional Rights Foundation.

### **Coding w/ Scratch! (2nd-6th Grade) \$180**

**Friday 3:30-4:30pm (Alphaminds Academy)** In this class, students ease into object-oriented programming concepts with Scratch, creating stories and interactive adventures with stackable code blocks! Students master the intuitive user interface of Scratch and learn the functions of the most important blocks, which beneath their friendly appearance represent important computer programming functions.

#### **Registration:**

- Registration will open **Tuesday, March 19 at 7:00pm**.
- Registration is online only.
- The link to register can be [found here](#), as well as on the Early Morning/Afterschool Care page of our [website](#) or on the Families Page of the website, when you log in.
- If your child attended summer camp at any point since 2016 or afterschool specials since 2016, you will use the username and password you have already created for your account. If your child did not attend those programs, you may simply create a new family account. If you have forgotten your password, please click "Forgot your login information?" under the account sign-in.
- **Upon registration and after selecting your classes, you will need to enter the new password "[springspecials](#)" to register and pay.**

#### **Timeline:**

- Online registration opens: **Tuesday, March 19 at 7:00pm**.
- Registration closes: **Tuesday, April 2 at 10:00am**.
- Classes run the week of April 8 through the week of May 27 (dates may vary by class).
- If necessary, make-up sessions for cancelled classes will be held the week of June 3.

#### **Notes:**

- Students need to be within the grade levels listed for the class or sport.
- Payment for classes must be made online by credit card or e-check when registering.
- Parents will be notified before afterschool classes begin if enrollment is too low to run the class.
- All family accounts must be current in order for a family to register their child.
- Athletics game schedules and location details will be shared with enrolled families once details are finalized.